



Pequot Health Care Steps Program*

Updated January 2018

*Enrollment in Steps program varies on health plan sponsor. Member benefits and client contract will prevail. If you have questions or need further assistance after consulting this table, call our Pharmacy Benefits number or the number on the back of your insurance card. Providers call 888-779-6638 for Authorization Form.

Program effective 1-2014; Updated 9-2015, 10-2015, 1-2016, 3-2016, 10-2016, 01-2017, 04-2017, 7-2017

Refer to Performance Drug List to determine coverage status of drugs in the program. Certain drugs may be excluded from coverage from certain members. Please check member benefit documentation to

THERAPEUTIC CATEGORY	DRUGS INCLUDED IN PROGRAM (TARGET DRUGS)	PREREQUISITE DRUGS
ALLERGY		
Antihistamine	Clarinet, Clarinet-D, Semprex, Xyzal	Previous use of one of the following generics either alone or as a component of a combination product: fexofenadine, levocetirizine, loratadine or cetirizine
Eye Drops	Acular, Alocril, Bepreve, Cromlon (brand), Elestat (brand), Emadine, Lastacraft, Optivar (brand), Patanol (brand), Pazeo, Pataday	azelastine, cromolyn sodium, epinastine, ketitofen (rx-only), ketorolac, olopatadine
Inhaled Nasal Steroids	Beconase AQ, Dymista, Flunisolide, Nasonex, Omnaris, Qnasl, Rhinocort Aqua, Xhance, Zetonna	Previous use of the following generic: fluticasone nasal inhaler
ANTI-INFECTIVE		
Tetracyclines	Adoxa, Adoxa CK, Adoxa TT, Alodox, Avidoxy, Avidoxy DK, Doryx, Doxycycline single source branded products, Monodox, Oracea, Oraxyl, Periostat, Vibramycin, Vibra-tabs	Previous use of generic tablet or capsules of one of the following: doxycycline monohydrate or doxycycline hyclate
	Dynacin, Minocin, Minocin Kit, Minocin PAC, minocycline ER, Solodyn, Ximino	Previous use of generic minocycline immediate-release capsules or tablets
CARDIOVASCULAR		
Hypertension	Avalide/Avapro (Brands), Atacand/Atacand HCT (Brands), Azor (brand & generic), Benicar/Benicar HCT (brand & generic), Byvalson (brand), Edarbi/Edarbyclor (brands), Diovan/Diovan HCT (brands), Exforge/Exforge HCT (brand & generic), Micardis/Micardis HCT (brands), Tekturna/Tekturna HCT (brand & generic), Teveten/Teveten HCT (brands), Tribenzor (brand & generic), Twynsta (brand & generic)	Previous use of at least one of the following: Candesartan, candesartan/hctz, eprosartan, eprostarian/hctz, irbesartan, irbesartan/hctz, losartan, losartan HCT, telmisartan, telmisartan/hctz, valsartan, valsartan/hctz
	Prestalia	Previous use of generic amlodipine PLUS at least one generic ACE-inhibitor OR ARB; may use one combination ACE-inhibitor or ARB product containing amlodipine
Heart Failure	Entresto	Previous use of the generic or brand name at least one of the following products or combinations thereof: Azor, benazepril, Benicar, candesartan, captopril, Edarbi, enalapril, eprosartan, fosinopril, lisinopril, irbesartan, losartan, moexipril, perindopril, quinapril, ramipril, telmisartan, Tekturna, trandolapril, Tribenzor, Tekamlo, valsartan
Lipid Management	Advicor, Altoprev, Crestor, Lescol, Lescol XL, Lipitor, Liptruzet, Livalo, Mevacor, Pravachol, Simcor, Vytorin, Zocor	Previous use of one of the following generics: atorvastatin, fluvastatin, lovastatin, pravastatin, simvastatin
	Antara, Fenoglide, Fibricor, Lipofen, Lofibra, Lopid, Tricor, Triglide, Trilipix	Previous use of one of the following generics: gemfibrozil, fenofibrate, fenofibrate micronized, fenofibric acid
	Zetia	Concurrent use of any of the following: Lovastatin, pravastatin, simvastatin, Advicor, Altoprev, Crestor, Lipitor, Mevacor, Pravachol, Simcor, Vytorin, Zocor, fenofibrate, Antara, Fenofibric Acid, Fenoglide, Fibricor, Lipofen, Lofibra, Lopid, Tricor, Triglide, Trilipix

THERAPEUTIC CATEGORY	DRUGS INCLUDED IN PROGRAM (TARGET DRUGS)	PREREQUISITE DRUGS
CENTRAL NERVOUS SYSTEM		
ADHD	Brand names: Adderall, Adderall XR, Adzenys XR, Concerta, Contempla, Daytrana, Dexedrin, Dexedrine Spansule, , Intuniv, Kapvay, Metadate CD, Metadate ER, Mydayis, Quillivant XR, Ritalin, Ritalin LA, Ritalin SR, Strattera, Vyvanse	Previous use of any of the following generics: amphetamine-dextroamphetamine mixed salts, amphetamine-dextroamphetamine mixed salts ER, dexamethylphenidate IR, dexamethylphenidate ER, dextroamphetamine IR, dextroamphetamine ER, clonidine IR tablets, clonidine ER tablets, guanfacine IR tablets, guanfacine ER tablet methylphenidate IR, methylphenidate ER, methylphenidate SA
Dementia	Namzaric	Donepezil, memantine
Depression	Aplenzin, Celexa, Fetzima, Fluoxetine 60mg, Forfivo XL, Luvox CR, Maprotiline, Oleptro, Pexeva, Pristiq, Trintellix, Venlafaxine ER tabs, Viibryd,	Previous use of any of the following: bupropion, citalopram, duloxetine, desvenlafaxine ER, escitalopram, fluoxetine, fluvoxamine, mirtazapine, paroxetine, paroxetine extended-release, sertraline, venlafaxine, venlafaxine ER capsule or trazodone
Fibromyalgia	Cymbalta, Irenka	Previous use of duloxetine
	Lyrica	Previous use of any of the following generics: amitriptyline, cyclobenzaprine, desipramine, duloxetine, imipramine, gabapentin, nortriptyline, Savella, tramadol, or anticonvulsants
Gabapentin ER	Gralise, Horizant	Previous use of gabapentin
Insomnia	Brand names: Belsonra, Edluar, Intermezzo, Lunesta Rozerem, Silenor Sonata, Zolpimist	Previous use of any of the following generics: eszopiclone, zaleplon, zolpidem, zolpidem ER
Other CNS	Adasuve, Fanapt, Latuda, Rexulti, Saphris, Vraylar	Previous use of any of the following: aripiprazole, olanzapine, paliperidone, quetiapine, quetiapine xr, risperidone, ziprasidone
GASTROINTESTINAL		
Ulcer/GERD	Aciphex, Dexilant, Nexium, Prevacid, Prilosec, Protonix, Zegerid	esomeprazole, lansoprazole, pantoprazole, omeprazole NP status [OTC], omeprazole products, omeprazole/sodium bicarbonate
GLAUCOMA		
Ophthalmic Prostaglandins	Lumigan, Rescula, Travatan Z, Xalatan (brand only), Zioptan	latanoprost 0.005%, bimatoprost 0.03%
GENITOURINARY		
Benign Prostatic Hypertrophy	Avodart, Jalyn, Proscar	Previous use of finasteride
GOUT		
Gout	Uloric, Duzallo	allopurinol
	Zurampic	concurrent use of any of the following products: allopurinol or Uloric
HORMONES, DIABETES, RELATED		
Diabetes	Actos, ActoPlus Met, ActoPlus Met XR, Duetact	Current or previous use of any of the following products or combinations thereof: Metformin, glipizide
	Avandia, Avandamet, Avandaryl	Current or previous use of any of the following products or combinations thereof: Metformin, glipizide
	Biguanides (brand name): Glucophage, Glucophage XR, Fortamet ER	Previous use of metformin extended-release
	DPP-4 inhibitors: Januvia, Janumet, Janumet XR, Jentadueto, Jentadueto XR, Juvisync, Kombiglyze XR, Nesina, Lazano, Onglyza, Oseni, Tradjenta	Previous use of one of the following generics: metformin, glipizide

THERAPEUTIC CATEGORY	DRUGS INCLUDED IN PROGRAM (TARGET DRUGS)	PREREQUISITE DRUGS
HORMONES, DIABETES, RELATED (continued)		
Diabetes (continued)	GLP-1 agonists: Bydureon, Byetta, Soliqua, Tanzeum, Trulicity, Victoza, Xultophy	Current or previous use of any of the following products: glipizide, metformin
	SGLT-2 inhibitors: Invokana, Invokamet, Invokamet XR, Farxiga, Jardiance, Synjardy, Xigduo XR	Current or previous use of any of the following products or combinations thereof: metformin, metformin ER, glipizide, glipizide ER, Januvia, Janumet, Janumet XR, Onglyza, Kombiglyze XR, Oseni, Nesina, Tradjenta, Jentadueto, Kazano
	SGLT-2 inhibitor / DPP-4 inhibitor combinations: Glyxambi, Qtern	Current or previous use of any of the following products: metformin or glipizide then a DPP-4
Osteoporosis	Actonel, Actonel with Calcium, Atelvia, Binosto, Boniva, Fosamax Plus D	Previous use of alendronate, ibandronate, risendronate, risedronate delayed-release
MIGRAINE RELIEF		
Triptans	Brand names: Alsuma, Amerge , Axert , Frova , Imitrex, Maxalt , Maxalt MLT , Onzentra, Relpax, Sumavel Dosepro, Treximet, Zembrace, Zomig	Current or previous use of any of the following generic triptans: almotriptan, naratriptan, rizatriptan, rizatriptan ODT, sumatriptan tablet, sumatriptan subcutaneous injection (generic for Imitrex), sumatriptan nasal spray, zolmitriptan, zolmitriptan ODT. **ALL GENERIC TRIPTANS***
OTHER		
Immuno-suppressants	Envarsus XR	immediate-release tacrolimus
Opioid-Induced Constipation	Movantik, Symproic	Concurrent use of any of the following products: immediate-release opioids, extended-release opioids, immediate-release opioid combination products (w/APAP, ASA or IBU)
PAIN RELIEF		
Anti-inflammatory	Celebrex	Previous use of generic celecoxib
	Arthrotec, Cambia, Flector, Nalfon, Pennsaid, Zipsor, Zorvolex	Previous use of generic oral diclofenac potassium or diclofenac sodium
	Tivorbex	Indomethacine IR or Indomethacin ER
	Vivlodex	Meloxicam tablet or syrup
NSAID/GI Combination products	Duexis, Vimovo	previous use of generic oral NSAID plus at least one of the following: misoprostol, famotidine, nizatidine, ranitidine, omeprazole, lansoprazole, or pantoprazole
RESPIRATORY		
COPD	Daliresp	Concurrent use of any of the following products: Advair, Alvesco, Asmanex, Dulera, Flovent, Foradil, Qvar, Pulmicort, Serevent, Spiriva, Symbicort, Tudorza, or inhaled corticosteroid
	Armonair	previous use of Flovent
TOPICALS		

THERAPEUTIC CATEGORY	DRUGS INCLUDED IN PROGRAM (TARGET DRUGS)	PREREQUISITE DRUGS
Acne	Aczone, Atralin, Azelex, Benzaclin, Benzamycin, Finacea, Differin, Duac, Epiduo, Epiduo Forte, Evoclin, Fabior, Metrogel, Noritate, Onexton, Retin-A, Retin-a Micro, Riax, Tazorac, Veltin, Ziana	Previous use of one of the following generics: adapalene gel, adapalene cream, benzoyl peroxide, clindamycin-benzoyl peroxide 1%-5% (BenzaClin) gel, clindamycin-benzoyl peroxide 1.2%-5% (Duac) gel, clindamycin 1% foam, generic clindamycin 1%, generic erythromycin 2%, benzoyl peroxide-sulfur, generic benzoyl peroxide-erythromycin, sulfacetamide-sulfur, tretinoin cream or gel, metronidazole cream/gel/lotion
Atopic Dermatitis	Elidel, Protopic, tacrolimus ointment	Previous use of one of the following topical steroids (medium, high or very high potency): amcinonide, betamethasone dip aug, betamethasone dip, betamethasone valerate, clobetasol propionate, clocortolone pivalate, desoximetasone, diflorasone diacetate, diflorasone diacetate, fluocinonide, fluticasone propionate, fluocinolone acetate, flurandrenolide, flurandrenolide tape, halcinonide, halobetasol propionate, hydrocortisone valerate, hydrocortisone butyrate, hydrocortisone probutate, mometasone furoate, triamcinolone acetate cream/ointment/lotion, triamcinolone acetate
Other Dermatologic	Eucrisa	Augmented betamethasone dipropionate; Clobetasol propionate; Diflorasone diacetate; Halobetasol Propionate; Amcinonide; Desoximetasone; Betamethasone; Dipropionate; Fluocinonide; Halog; Mometasone furoate; Triamcinolone; Betamethasone; Valerate; Clocortolone pivalate; Fluocinolone acetate; Flurandrenolide; Fluticasone propionate; Hydrocortisone butyrate; Hydrocortisone probutate; Hydrocortisone valerate; Prednicarbate; Alclometasone; Dipropionate; Desonide; Hydrocortisone acetate AND Tacrolimus
High/Very High Potency Topical Steroids	Apexicon 0.05% oint (brand & generic), Apexicon-E 0.05% cream (brand & generic), Clobex 0.05% Spray (brand & generic), Diprolene Aug. 0.05% cream/lot/oint, Diprosone oint 0.05%, Elocon 0.1% oint, Halog 0.1% cream/oint, Olux 0.05% foam (brand & generic), Olux-E 0.05% foam (brand & generic), Temovate/E 0.05% soln/oint/cream/gel/lot, Topicort spray 0.25%, Ultravate 0.05% lot/cream/oint, Vanos 0.1% cream (brand & generic)	amcinonide 0.1% cream/lot/oint, betamethasone dip. 0.05% aug cream/lot/oint, betamethasone dip 0.05% oint, clobetasol 0.05% emol cream, clobetasol 0.05% cream/gel/oint/lot/soln/shamp, desoximetasone oint/gel, halobetasol 0.05% cream/oint, fluocinonide 0.05% gel/cream/soln/oint, fluocinonide 0.05% emul cream, mometasone 0.1% oint
Medium Potency Topical Steroids	Cutivate 0.05% cream/lot, Cutivate 0.005% oint, Elocon 0.1% cream, Kenalog 0.147mg/d spray (brand & generic), Luxiq 0.1% foam (brand & generic), Sernivo 0.05% spray, Synalar 0.025% oint, Trianex 0.05% oint, Topicort 0.25% spray, Topicort 0.05% cream/gel/oint (brand), Topicort 0.25% cream/oint	betamethasone dip 0.05% cream/lot, betamethasone valerate 0.1% cream/lot/oint, desoximetasone 0.05% cream/gel/oint, desoximetasone 0.25% cream/oint, fluocinolone acetate 0.025% oint, fluticasone prop 0.05% cream/lot, fluticasone prop 0.005% oint, mometasone 0.1% cream/lot, triamcinolone acetate 0.025%, 0.1%, 0.5% cream/oint
Low Potency Topical Steroids	Aclovate 0.05% cream, Cloderm 0.1% cream (brand & generic), Capex 0.01% shmp, Cordran 0.05%, 0.025% cream/lot, Cordran 0.05% oint (brand & generic), Cordran 4mcg/dq tape (brand & generic), Dermatotop 0.1% emollient cream/oint, Derma-Smoothie FS 0.01% body/scalp oil, Desowen 0.05% cream/lot/oint, Desonate 0.05% gel (brand & generic), Locoid 0.1% cream/lot/oint/soln (brand & generic), Locoid Lipocream 0.1% cream (brand & generic), Synalar 0.01%, 0.025%, 0.2% soln/cream, Verdeso 0.05% foam (brand & generic)	alclometasone dip 0.05% cream/oint, betamethasone dip 0.05% lot, desonide 0.05% cream/lot/oint, fluocinolone acetate 0.01% body/scalp oil, fluocinolone acetate 0.01%, 0.025%, 0.2% soln/cream, flurandrenolide 0.05%, 0.025% cream/lot, hydrocortisone valerate 0.2% cream/oint, prednicarbate 0.1% cream/oint, triamcinolone acet 0.025%, 0.1% lot